

ADVANCED CANCER

WHEN THE
PRIORITY
BECOMES
**LIVING
BETTER**

LIFE
IS ABOUT
MORE THAN TREATMENT

IT'S ABOUT
LIVING WELL



INSIDE THIS ISSUE

Expert Insights
Nutrition & Well-being
Patient Stories
Questions That Matter

WHY WE ARE THE HOPE



WHOLE-PERSON APPROACH

We see the person
behind the disease.



ANCIENT WISDOM. MODERN SCIENCE.

Ayurveda meets
evidence-based
innovation.



SUPPORT THAT STRENGTHENS

Strengthen within.
Fight better.
Live better.



EXPERIENCED EXPERT TEAM

Doctors, dietitians and
research professionals
by your side.



REAL STORIES. REAL IMPACT.

Innumerable lives
renewed with better
quality of life.

CANCER CHRONICLE

A PATIENT & WELLNESS NEWSLETTER

AUGUST 2026

EDITION

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EDITORIAL

When Living Better Becomes the Priority

An advanced cancer diagnosis changes more than health—it affects daily life, emotions, relationships and the ability to do the things that matter.

While medical treatment is essential, we must also look at the whole person. Symptoms like fatigue, pain, reduced appetite, sleep problems and weakness can affect how a person feels and functions each day.

At D.S. Research Centre, we go beyond reports and scans. We take time to understand the person behind the diagnosis—their concerns, their strengths, their goals and what matters most to them.

Quality of life is not a replacement for clinical outcomes. It is an important part of care, especially in advanced cancer. Sometimes, progress is seen in small but meaningful changes.

This issue of Cancer Chronicle focuses on advanced cancer and supportive care—nutrition, physical strength, emotional well-being and the everyday choices that support comfort, function and dignity.

It also celebrates the courage of our survivors. Their journeys are different, their outcomes are individual, but their stories remind us that there can be life beyond the diagnosis.

“Our commitment is simple:
To support every patient not just in fighting cancer, but in living as well as possible.”

A WORD FROM OUR CHIEF MENTOR

ASHOK K. TRIVEDI

CHIEF MENTOR

D. S. RESEARCH CENTRE

“Care is not only about adding days to life, but about adding life to days. When we focus on the whole person, we help restore what cancer often takes away—strength, comfort, hope and the ability to live meaningfully.”

OUR APPROACH

Ancient Wisdom. Modern Understanding. Human-Centred Care.

For the last 65 years, D.S. Research Centre has been working in favour of human inner constitution.

Our Ancient Ayurveda-based Nutrient Energy Therapy (NET) focuses on strengthening the body's natural ability to fight disease by improving inner balance and clearing the deviations that compromise quality of life.

This is not just about managing symptoms; it is about restoring strength, improving nutrition, enhancing energy and supporting the body's own healing intelligence.

When therapy is combined early with modern medical treatment, patients often experience better tolerance to treatment, fewer complications and improved day-to-day well-being.



Innumerable success stories are proof that when this therapy is combined early, life can be saved and sufferings can be significantly reduced.

DELIVERED BY AN EXPERIENCED TEAM

AYURVEDACHARYAS

Expert Ayurvedic physicians with decades of experience in understanding individual constitution and guiding personalised care.

DIETITIANS

Specialist dietitians who design practical and nourishing plans to improve strength, weight and overall well-being.

RESEARCH & CARE TEAM

A dedicated team that continuously studies, refines and supports better outcomes for our patients.

WHAT IT HELPS

Improves strength and energy	Supports immunity and resilience
Better appetite and nutrition	Better tolerance to treatment
Reduces fatigue and discomfort	Helps return to normal daily life

“65 YEARS OF TRUST. THOUSANDS OF LIVES TOUCHED.
Better inner constitution. Better quality of life. Stronger fight against cancer.”

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ADVANCED CANCER

WHEN THE PRIORITY BECOMES LIVING BETTER

At D.S. Research Centre, we look beyond the disease to support the person.

Better inner constitution.
Better quality of life.
Stronger fight against cancer.



Dr Divya S

BAMS, MD (Panchakarma)
D. S. Research Centre

“

In advanced cancer care,
we look beyond the disease.

We work to strengthen the
body's natural ability to heal,
adapt and fight back.

”

At D.S. Research Centre, our Ancient Ayurveda-based Nutrient Energy Treatment works at the root level to restore balance. It helps improve digestion, enhance strength, reduce toxic load and support the body's healing intelligence.

FOCUS AREAS

- **Strengthen the Foundation:** Improve digestion and nutrient absorption to build inner strength.
- **Reduce Toxic Load:** Support the body's natural detox pathways.
- **Improve Tolerance to Treatment:** Help the body better cope with modern medical care.
- **Restore Balance:** Support physical, mental and emotional well-being.
- **Enhance Quality of Life:** Improve energy, sleep, appetite and daily function.



Ms. Lakshana Dilip Sawant

M.Sc. Clinical Nutrition
and Dietetics,
D.S. Research Centre

“

Nutrition is a powerful
ally in cancer care.

The right diet helps the body
stay strong, resist infections
and manage side effects.

”

Our nutrition guidance is personalised for every stage of the cancer journey—focused on nourishing the body, supporting immunity and improving response to treatment.

FOCUS AREAS

- **Maintain Strength & Weight:** Reduce unintentional weight loss and preserve muscle mass.
- **Support Immunity:** Provide nutrients that strengthen the body's natural defence system.
- **Manage Side Effects:** Help with nausea, taste changes, constipation and fatigue through diet.
- **Improve Recovery:** Support tissue repair and energy levels.
- **Long-term Well-being:** Build sustainable eating habits for better quality of life.



PERSONALISED CARE

Care that looks at
the whole person.



ANCIENT WISDOM. MODERN SCIENCE.

Evidence-informed.
Root-level support.



A TEAM THAT WALKS WITH YOU

Doctors. Dietitians. Researchers.
Focused on you.

WHEN OTHERS LOST HOPE, SIDDHARTH FOUND STRENGTH.



NON HODGKIN'S LYMPHOMA SURVIVOR

Living a healthy life for 13+ years

“

My treatment started in 2007
and continued until 2011.

D.S. Research Centre gave me
a new chance at life when I
needed it the most.

Today, I am totally fine and
living life to the fullest with
gratitude and purpose.

”

LIVING
STRONG FOR

13+

— YEARS —



NO CANCER.
NO FEAR.
JUST LIFE.



D.S.
Research
Centre

LET US SAVE OUR WORLD FROM CANCER

Bengaluru- Guwahati - Kolkata- Mumbai -Varanasi



8130594141

<https://dsresearchcentre.com>